

AGE GROUP FEMALE

Location:	Castro Urdiales	Distance:	Duathlon Cros 3 Km./21 Km./1,5 Km.
Date:	2015/10/10	Starting Time:	16:00

Officials

Technical Delegate:	Paul Groves	Competition Jury:	Paul Groves Jorge Garcia Francisco Soriano
Referee:	Esther Sanchez		
Chief Race official:	Julio Gomez		

Data of Course

Run: 6 Km. 2 Lap Air Temperature: 16 °C	Bike:21 Km. 5 Laps Air Temperature: 17 °C	Run: 3 Km. 1 Laps Air Temperature: 18 °C
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F20-24

RANK	BIB	NAME	NAT.	RUN	T1	BIKE	T2	RUN	FINISH	Dif.
1	138	LOPES, RITA	POR	0:27:34 ()	0:42	1:46:58 ()	0:40	0:15:08 ()	2:31:02	

F25-29

RANK	BIB	NAME	NAT.	RUN	T1	BIKE	T2	RUN	FINISH	Dif.
1	140	ESCRIBANO MOYA, BEATRIZ	ESP	0:27:38 ()	0:56	1:43:07 ()	0:48	0:16:10 ()	2:28:39	
2	141	NOBLE, NICOLA	GBR	0:27:29 ()	0:51	1:45:59 ()	0:41	0:14:42 ()	2:29:41	0:01:02
3	142	VOGAN, KIRSTY	GBR	0:25:59 ()	0:53	1:53:26 ()	1:03	0:16:53 ()	2:38:14	0:09:35
4	139	OLMOS FIGUEROLA, ISABEL	ESP	0:33:15 ()	1:11	2:28:42 ()	1:00	0:17:28 ()	3:21:35	0:52:56

F30-34

RANK	BIB	NAME	NAT.	RUN	T1	BIKE	T2	RUN	FINISH	Dif.
1	145	GARCÍA ÁLVAREZ, SORAYA	ESP	0:25:31 ()	0:42	1:44:46 ()	0:49	0:14:17 ()	2:26:07	
2	146	GUTIERREZ GÓMEZ, CRISTINA	ESP	0:28:46 ()	0:58	2:08:18 ()	1:04	0:19:01 ()	2:58:07	0:32:00
DNF	143	CUEVAS DIAZ, JUDIT	ESP	0:25:29 ()	1:09	n.a.		n.a.		

F35-39

RANK	BIB	NAME	NAT.	RUN	T1	BIKE	T2	RUN	FINISH	Dif.
1	76	VAN VLIET, LINDA	NED	0:24:59 ()	0:49	1:22:47 ()	0:48	0:13:26 ()	2:02:49	
2	147	FUNES MENDEZ, LUCIA	ESP	0:25:33 ()	0:56	1:38:14 ()	0:50	0:13:18 ()	2:18:52	0:16:03
3	148	GARCIA NOGALES, SORAYA	ESP	0:31:39 ()	1:10	2:08:18 ()	1:05	0:20:04 ()	3:02:16	0:59:27

F40-44

RANK	BIB	NAME	NAT.	RUN	T1	BIKE	T2	RUN	FINISH	Dif.
1	155	PRIOR, KIRSTY	GBR	0:27:56 ()	1:01	1:33:06 ()	0:54	0:14:08 ()	2:17:05	
2	149	GARCIA GONZALEZ, LOURDES	ESP	0:26:43 ()	0:49	1:40:15 ()	0:55	0:15:17 ()	2:24:00	0:06:55
3	152	PEREZ RUIZ, LAURA	ESP	0:27:53 ()	0:49	1:43:52 ()	0:53	0:16:30 ()	2:29:56	0:12:51
4	151	IÑESTA PALOMARES, MARI CARMEN	ESP	0:28:42 ()	0:52	2:07:41 ()	0:54	0:15:15 ()	2:53:24	0:36:19
5	153	PEÑA MATEO, MARINA	ESP	0:31:27 ()	1:01	2:25:42 ()	0:47	0:17:15 ()	3:16:13	0:59:08
6	150	GOMEZ DEL SOL, BLANCA	ESP	0:33:03 ()	0:57	2:29:08 ()	0:46	0:17:56 ()	3:21:51	1:04:46
DNF	154	PONCE DELEON ROMERO, LAURA	ESP	0:33:00 ()	1:09	n.a.		n.a.		

F45-49

RANK	BIB	NAME	NAT.	RUN	T1	BIKE	T2	RUN	FINISH	Dif.
1	156	PAREDES LOPEZ, MARIA	ESP	0:30:39 ()	1:03	2:21:51 ()	1:26	0:17:02 ()	3:12:02	

F50-54

RANK	BIB	NAME	NAT.	RUN	T1	BIKE	T2	RUN	FINISH	Dif.
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1	157	ZAPATA DOMINGUEZ, M° ISABEL	ESP	0:28:46 ()	1:01	2:02:39 ()	0:56	0:16:06 ()	2:49:28	
2	159	STEININGER, HEIKE	GER	0:32:27 ()	1:07	2:21:55 ()	1:00	0:18:05 ()	3:14:33	0:25:05
DNF	158	HALEY, KAREN	GBR	0:30:05 ()	0:59	n.a.		n.a.		